



2024 HSTC CALENDAR

P.O. Box 9, McLean, VA 22101

www.highlandsswim.org

Front Desk: (703) 821-9893

Weekday Hours: 10am to 9pm


Saturday Hours: 10am to 9pm

Sunday Hours: 11am to 9pm

Check Specific Team Schedules to Confirm Final Times

May/June

CD – Coffee & Donuts/Adult Swim Only SS – Swim School
 RN – Raft Night DM – Dive Meet
 TN – highlandsswim.org/tennis.html SM – Swim Meet

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 18/19 Pool Hours: 10am-8pm May 18: Swim/Dive/Tennis Open House 11:30am – 1:30pm	20 May 20 Pool Renovation Meeting (In-person & online)	21 May 20 Swim Practice Begins: 4:30pm – 6:30pm	22 23 May 20 - June 6 Weekday Pool Hours: 3pm - 8pm Weekend Pool Hours: 10am* - 8pm (*CD on Sun)		24	25
26 May 27 TN: Pickleball Tournament 9am	27 MEMORIAL DAY: Welcome Back Ice Cream <i>Early Bird Swim Begins 6:15am-7:45am</i>	28 May 27 Pool Open: 10am - 8pm	28 May 28 Dive Practice Begins: 4:30pm – 6:30pm	29	30 Swim School: 3 weeks, T/W/Th Eve: 6:30pm-7:35pm (2x30 min)	31
May 26-Sept 8 CD: 8am-12pm <i>Facility adult only 8am-11am</i> <i>Upper Pool adult only 11am-12pm</i> <i>Lower Pool open swim 11am</i>	2	3 SS: Wk 1 of 3	4 SS: Wk 2 of 3	5	6	7 TN: Adult Tennis Social 6pm
	8 UPPER POOL OPENS 1PM TN: Pickleball Social	June 7 - June 12 Weekday Pool Hours: 3pm - 9pm Weekend Pool Hours: 10am* - 9pm		9 CD: 8am - 12pm	10 SM: B v Kent Gardens: 6pm UPPER POOL CLOSES 4:30PM	11 SS: Wk 3 of 3
13 June 13 - Aug 18 Weekday Pool Hours: 10am - 9pm Weekend Pool Hours: 10am* - 9pm	14	15 SM: A v. Overlee: 9am UPPER POOL OPENS 1PM	16 CD: 8am - 12pm RN: 6pm-8:45pm	17 SM: Intrasquad: 6pm UPPER POOL CLOSES 4:30PM	18 DM: A @ Kent Gardens: 6pm SS: Wk 1 of 5	19 Swim School: 5 weeks (30 min) Day: 7:45am-9:25am (M/T/W/Th) Eve: 6:30pm-7:35pm (T/W/Th)
20	21  ADULT SOCIAL Reduced Lower Pool Hrs	22 SM: A @ Chesterbrook: 9am	23 CD: 8am-12pm RN: 6pm-8:45pm	24 SM: B v. Langley 6pm UPPER POOL CLOSES 4:30PM	25 DM: A v. Rolling Hills: 6pm UPPER POOL CLOSES 5PM SS: Wk 2 of 5	26 SM: Divisional Relay Carnival @ Overlee
27 DM: B v. Donaldson Run: 6pm UPPER POOL CLOSES 5PM	28	29 SM: A v. Donaldson Run: 9am UPPER POOL OPENS 1PM				

July

CD – Coffee & Donuts/Adult Swim Only SS – Swim School
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 30 CD: 8am - 12pm RN: 6pm-8:45pm	July 1 SM: B @ Chesterbrook: 6pm SS 3 of 5 wks	2 DM: A @ Hunt Valley: 6pm SS: Wk 3 of 5	3	4  July 4th CELEBRATION TN: Red Ball Tourney 9am <i>Early Bird 6:15am - 7:45am</i>	5	6 SM: A @ Tuckahoe: 9am
7 CD: 8am - 12pm RN: 6pm-8:45pm DM: Wally Martin @Oak Marr Whompers: 1:00pm UPPER POOL CLOSES 12:30pm-3:30pm	8 SS 4 of 5 wks SM: B v. Overlee UPPER POOL CLOSES 4:30PM	9 DM: A @ Dominion Hills: 6pm SS: Wk 4 of 5	10 SM: All Star Relay Carnival @ Hamlet: 4pm	11 DM: B @ Chesterbrook: 6pm	12 TN: Adult Tennis Social 6pm	13 SM: A v. Old Keene Mill: 9am UPPER POOL OPENS 1PM TN: Pickleball Social 4pm
14 CD: 8am- 12pm RN: 6pm-8:45pm DM: Crackerjack Invitational@ TBD	15 SM: B @ Donaldson Run: 6pm SS 5 of 5 wks	16 DM: A v. Sleepy Hollow: 6pm UPPER POOL CLOSES 5PM SS: Wk 5 of 5	17	18 <i>Dive Team Awards Banquet: 6pm</i>	19 <i>Last Day of Swim Team Practice Last Day of Dive Team Practice</i>	20 CD: 8am-12pm SM: Divisionals @ Overlee: 9am <i>Swim Team Awards Banquet: 5:30pm</i>
21 RN: 6pm-8:45pm DM: Divisionals @ Highlands UPPER POOL OPEN 3PM	22 <i>Early Bird New Times: 6:30am-8am</i>	23	24	25	26	27 SM: All Stars @ Pinecrest: 9am  ADULT SOCIAL Lower Pool Hrs Shortened
28 CD: 8am-12pm RN: 6pm-8:45pm DM: All Stars @ TBD	29	30	31	August 1	2 TN: Adult Tennis Social 6pm	3

7/22 - 7/26: UPPER POOL LANES CLOSED 9:30am - 10:30am

August/September

CD – Coffee & Donuts/Adult Swim Only SS – Swim School
 RN – Raft Night DM – Dive Meet
 TN – Please see highlandsswim.org/tennis.html SM – Swim Meet

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
4 CD: 8am-12pm RN: 6pm-8:45pm	5	6	7	8	9	10 TN: Pickleball Social 4pm	
11 CD: 8am-12pm RN: 6pm-8:45pm	12	13	14	15	16	17	
18 CD: 8am-12pm RN: 6pm-8:45pm	19 - 20 Aug 19 - Aug 25 Weekday Pool Hours: 10am - 8pm Weekend Pool Hours: 10am* - 8pm		21	22	23	24  ADULT SOCIAL Lower Pool Hrs Shortened	
25 CD: 8am-12pm RN: 6pm-8:45pm TN: Adult Tennis Social 5:30pm	26 - 27 Aug 26 - Sept 8 Weekday Pool Hours: 3pm - 8pm Weekend Pool Hours: 10am* - 8pm		28	29	30	31  Labor Day Activities Weekend	
Sept 1 CD: 8am-12pm RN: 6pm-8:45pm Labor Day Activities Weekend	2  Labor Day Ice Cream Social 12pm	3	4	5	6 TN: Adult Tennis Social 6pm <i>Last Day – Early Bird Swim</i>	7	
8 CD: 8am-12pm	9 Sept 8: Last day pool is open for the season!! Pool Hrs: 11am-6pm Snack Bar: 12pm-5pm	10 - 11 TN: 9/20 Ladies Tennis & Wine Night 10/4 Adult Tennis Social 6pm 10/12 Pickleball Social 4pm 11/12 Pickleball Tournament 11am			12	13	14 TN: Pickleball Social 4pm